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**What is Mentoring?**

*“Mentoring is to support and encourage people to manage their own learning in order that they may maximise their potential, develop their skills [and] improve their performance.”*

*Eric Parsloe, The Oxford School of Coaching and Mentoring*

Mentoring is a partnership between two people (mentor and mentee) normally working in a similar field or sharing similar experiences.

Mentoring provides the mentee with an opportunity to think about how they might progress in their career and get feedback on work related issues. The mentor can act as a sounding board offering advice for career and professional development and helping the mentee to consider different perspectives.

**NHSF Student and Early Career Researcher Mentoring Programme**

This mentoring programme was set up to enable us to offer support to emerging professionals in heritage science and conservation research. We would like to offer students and early-career researchers (ECRs) an opportunity to develop their career pathway, research direction, or understanding of the funding landscape for research through conversations with established professionals in the field.

**This programme is a pilot**. The mentors offer their time voluntarily and we ask them to work with a mentee for three one-hour sessions generally over a 3 - 6 months’ period. This will give the mentee an opportunity to gain insight and advice on certain work and related issues, but also a taste of the benefits and possibilities of mentoring, and how it might be of use to them in future. Once we receive the form below, we will match you with a mentee and provide them with your contact details. Once we provide them with the details of your details, **it is up to the mentee to contact the mentor, preferably within 7 days, to set up the initial meeting; how often you meet, where and when is entirely for you and the mentee to decide.**

We will provide guidelines to the mentees as a template of how they might want to run the sessions, but we do not want to be prescriptive and you should agree with the mentee what will work best. We can also aim to match mentees with mentors with a similar lived experience (e.g. under-represented members of the community); please let us know if this is a key topic you would like to give mentorship around. **NHSF Mentoring Programme Application Form**

Name:………………………………… Email address…………………………

**Please answer the following questions:**

1. Have you been mentored before? If so, please give details below, including what worked for you and what didn’t work. (No more than 100 words)

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2. Why do you want to participate in this opportunity and what are your expectations of being a mentor? **Please be specific** as this will help us to match you with the mentee we feel will be best suited to you. (No more than 250 words)

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3. What **sector/sectors** of heritage science do you work in, and would you feel comfortable offering mentorship in? Do you wish to offer mentorship to a mentee from a specific minority or under-represented background? If so, please provide some details. (No more than 100 words)

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4. What **is your availability and how many mentees can you accommodate**? Please note, the pilot offers no more than three 1-hour sessions over a 3-6 months’ period; you are of course welcome to continue a mentoring relationship with your mentee if you both find that it is very fruitful. (No more than 100 words)

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5. **Biography** – No more than 150 words

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**Please return this form to** [**administrator@heritagescienceforum.org.uk**](mailto:administrator@heritagescienceforum.org.uk) **by 31 May 2022 at the latest. If you submit your form after this date it may not be possible to consider your application to the programme.**

**Data protection:**

The information you submit on this form will be held by NHSF and will be shared with: the contractors and volunteers responsible for administering the scheme. The information that you submit in answer to Q5 (biography), together with your name and email address will be shared with potential mentees. By completing this form you are consenting for your personal information to be stored and used in this way.

Further information on how NHSF manages individual’s personal data can be viewed here:

<https://www.heritagescienceforum.org.uk/about/privacy-and-cookies-notice>